

Safeguarding and Welfare Requirement: Health

The provider must promote the good health of the children attending the setting. They must have a procedure, discussed with parents and/or carers, for the application of sun cream (including record of applications)

6.8 Sun Protection Policy

Policy statement

Children are encouraged to access the well-resourced outdoor play spaces as much as possible, but during the summer months in particular we are aware of the need to protect them from the harmful rays of the sun.

Procedures

Staff will discuss regularly how to keep children safe in the sun and our routines will be regularly evaluated. When hot weather is forecast, we will re-arrange our timetable to enable outside play/activities earlier in the day - children will access the outdoor space more in the cooler times of the day when the sun's rays are less powerful, i.e. before 11am. Play outdoors will be in shaded areas as best is possible with staff modelling this and moving equipment as may be necessary to achieve this.

We will

- Include sun-safety in our summer term activities.
- Ensure that children wear hats when playing outside, ideally covering the back of their neck and creating shade over eyes. Hats can be provided if required.
- Reapply sun cream (if required) throughout the day (with parents' permission). Should this be required on multiple children, staff will wash their hands between each child to prevent cross contamination.
- Ensure all children have open access to drinking water, and continually encourage the children to drink fluids.
- Log all staff applications of sun cream on attached record.

We advise parents that

- It is important to use sunscreen with a high SPF factor for young children (e.g. SPF 30 or 50)
- Branded sun cream is not necessarily the best – aim for a suncream providing 4- or 5-stars coverage for UVA
- Children with very fair skin will need to be more careful in the sun, however children with darker skin tones will still require sun protection and can still burn.
- Sunglasses to protect eyes should always carry the CE mark to ensure they are offering sufficient UV protection.

This policy was adopted by	Tiptree Preschool Playgroup	<i>(name of provider)</i>
On	23 rd October 2019	<i>(date)</i>
Date to be reviewed	October 2020	<i>(date)</i>
Signed on behalf of the provider		
Name of signatory	Debbie Ager	
Role of signatory (e.g. chair, director or owner)	Chair	